

freshens.

FRESH FOOD KITCHEN

breakfast pockets

Available from 8am - 10:30am daily 🍷 3.89

Bacon, Egg & Cheese 390 cal

Bacon, scrambled egg & cheddar-jack wrapped in a warm tortilla

Sausage, Egg & Cheese 450 cal

Sausage, scrambled egg & cheddar-jack wrapped in a warm tortilla

Southwest 280 cal

Scrambled egg, crispy bacon, black beans, salsa wrapped in a warm tortilla

Florentine 300 cal

Spinach, scrambled eggs, red peppers, provolone wrapped in a warm tortilla



breakfast sandwiches

🍷 3.89

Classic 500 cal

Egg, bacon, cheddar-jack on toasted sourdough

Sausage 490 cal

Sausage, egg, cheddar-jack on toasted sourdough



AÇAÍ BOWLS 7.99

AÇAÍ BANANA BERRY™ 580 CAL

Blend: Organic açai, bananas, strawberries, blueberries
Topping: Granola, strawberries, bananas, honey

AÇAÍ PEANUT BUTTER™ 640 CAL

Blend: Organic açai, bananas, strawberries, peanut butter
Topping: Granola, strawberries, bananas

smoothies

SM 4.89 🍷 RG 5.89 LG 6.99

CLASSIC BLENDS

PLANT-BASED POWER

	CAL
WILD STRAWBERRY™ ✓ Strawberries, kiwi-lime	240-450
CARIBBEAN CRAZE™ ✓ Bananas, strawberries	230-440
MAUI MANGO™ ✓ Mango, strawberries, bananas	280-560
TROPICAL THERAPY™ ✓ Pineapple, kiwi-lime, coconut	320-570
MANGO ME CRAZY™ ✓ Mango, pineapple	250-460
BANGIN' BERRY™ ✓ Pomegranate, raspberries, blueberries, bananas	260-490
AÇAÍ ENERGY™ Organic Açai, strawberries, bananas, blueberries, granola	310-590

DAIRY BLENDS

DAIRY

	CAL
ORANGE SUNRISE™ Ⓚ Pineapple, strawberries, bananas, orange	250-480
PEACH ON THE BEACH™ Ⓚ Peaches, strawberries, mango, orange	260-500
BANANA BERRY™ Ⓚ Strawberries, bananas, yogurt	260-480

SM 4.99 🍷 RG 5.99 LG 7.19

PURPOSE BLENDS

	CAL
1 Full Serving Fruits & Veggies* GOIN' GREEN™ ✓ Kale, spinach, mango, pineapple	230-420
600mg Vitamin C* SUPER C IMMUNE SUPPORT™ Ⓚ Strawberries, pineapple, bananas, orange, immunity boost	260-500
300 Calories* BERRY BURN™ ✓ Strawberries, bananas, metabolizer boost	230-440
2.5 Servings Fruits & Veggies* SUPER FUEL™ Ⓚ Orange, pineapple, strawberries, apples, 4 organic veggies	230-400
24g Plant Protein* PB PROTEIN™ Ⓚ Peanut butter, bananas, cocoa, yogurt, plant protein	420-770

*Based on RG size serving.

BOOSTS .99 ea. • Plant Protein 35 cal • Immunity 10 cal (500mg C) • Energy 5 cal

rice bowls

 7.89

Thai Chicken 550 cal

Asian Thai dressing, chicken*, lettuce, carrots, cabbage, cucumber, black sesame seeds, white rice

Frito Grande 690 cal

Chicken*, Fritos® corn chips, refried beans, queso, lettuce, corn, chipotle sauce, white rice

✓ Meatless Mexican 710 cal

Quorn™ Meatless chicken, black beans, salsa, corn, red onion, cheddar-jack, lettuce, chipotle ranch, white rice

KC BBQ 620 cal

Sweet Baby Ray's® BBQ sauce, chicken*, bacon, corn, lettuce, cheddar-jack, red onion, tomatoes, white rice

Baja Queso 680 cal

Chicken*, queso blanco, corn, salsa, lettuce, chipotle ranch, white rice

Buffalo 590 cal

Spicy buffalo ranch, chicken*, bacon, Gorgonzola, tomatoes, carrots, lettuce, white rice

Mexican 690 cal

Chicken*, black beans, salsa, corn, red onion, cheddar-jack, lettuce, chipotle ranch, white rice

Power Protein 720 cal **38g**

Black beans, chicken*, egg, bacon, cheddar-jack, lettuce, buffalo ranch, brown rice & quinoa blend

✓ Substitute Quorn™ Meatless Chicken (10 cal)

Add Queso 1.09

 * NO Antibiotics EVER!

 = VEGETARIAN



artisan melts



6.99

Classics

✓ Mom's Grilled Cheese 1160 cal

Signature cheese blend melted on sourdough. Served with creamy tomato soup dipper.

Grilled Cheese & Bacon 1220 cal

Crispy bacon and our signature cheese blend on sourdough. Served with creamy tomato soup dipper.

Chef Created

7.89

Chicken Bacon Ranch 1070 cal

Chicken*, bacon, signature cheese blend, ranch dressing on sourdough

Chicken Caprese 940 cal

Chicken*, spinach, signature cheese blend, tomatoes and basil balsamic on sourdough

Buffalo Chicken 1020 cal

Chicken*, bacon, signature cheese blend, buffalo ranch dressing on sourdough



Add a Tomato Soup dipper 1.19

salads



7.99

Roadhouse BBQ Chicken 420 cal

Romaine, chicken*, corn, tomatoes, onions, cheddar-jack, Roadhouse BBQ ranch dressing

SW Chipotle Chicken 570 cal

Romaine, chicken*, corn, black beans, onions, tomatoes, cheddar-jack, salsa, crisps with chipotle ranch dressing

Chicken Avocado Cobb 600 cal

Romaine, chicken*, tomato, bacon, cheddar-jack, parmesan, egg, avocado lime ranch dressing

Buffalo Chicken 480 cal

Romaine, chicken*, bacon, carrots, tomatoes, parmesan, Gorgonzola, buffalo ranch dressing

Chicken Caesar 510 cal

Romaine, chicken*, tomatoes, parmesan, Caesar dressing

Strawberry & Kale 470 cal

Romaine, kale, chicken*, strawberries, apples, dried cranberries, Gorgonzola, pecans, strawberry vinaigrette

✓ Substitute Quorn™ Meatless Chicken (10 cal)

 * NO Antibiotics EVER!

 = VEGETARIAN

grilled flatbreads

Chipotle Chicken Club 670 cal 7.59

Chicken*, tomatoes, romaine, provolone, bacon, chipotle ranch dressing

BBQ Bacon Chicken 660 cal

Chicken*, bacon, romaine, cheddar-jack, Sweet Baby Ray's® BBQ sauce

Pesto Chicken 600 cal

Chicken*, provolone, red peppers, fresh baby spinach, pesto

Santa Fe 720 cal

Chicken*, black beans, cheddar-jack, romaine, salsa, chipotle ranch dressing

Nashville Hot Chicken 580 cal

Chicken*, provolone, bacon, slaw, pickle slices, scratch-made Nashville hot sauce

