

<b>HHP – Health and Exercise Science Major Checklist</b>		
	DONE	NEED
HHP 200 FOUNDATIONS OF MOVEMENT		
HHP 207 HEALTH FITNESS CONCEPTS & APPLICATIONS (prerequisite HHP 160 or permission)		
<b>Any two of the following four options (HHP 203, 204, 205, 206):</b>		
HHP 203 INDIVIDUAL ACTIVITIES		
HHP 204 TEAM SPORTS		
HHP 205 NON-TRADITIONAL GAMES AND ACTIVITIES		
HHP 206 FUNDAMENTALS OF RHYTHMS AND DANCE		
HHP 221 PROFESSIONAL CONCEPTS & LEADERSHIP DEVELOPMENT		
HHP 223 FIRST AID AND SAFETY <b>OR</b> ACHIEVE COMPETENCY THROUGH AMERICAN RED CROSS CERTIFICATION.		
HHP 225 CONTEMPORARY ISSUES IN SPORT MANAGEMENT (prerequisite HHP 221 or permission)		
HHP 301 PERSONAL & COMMUNITY HEALTH (prerequisite HHP 160 or permission)		
HHP 306 MOTOR BEHAVIOR (LAB 306L REQUIRED) (prequisite BIOL 230 & HHP 200 or permission)		

HHP 315 BEHAVIORIAL PERSPECTIVES IN SPORT (prerequisite HHP 221 or permission)		
HHP 403 EXERCISE PHYSIOLOGY (LAB 403L REQUIRED) (prerequisite HHP 207, BIOL 230 & BIOL 260 or permission)		
HHP 411 EXERCISE TESTING AND PRESCRIPTION (prerequisite HHP 207 & 403 or permission)		
HHP 418 INTERNSHIP OR hhp 405-407 INDEPENDENT STUDY		
BIO 230 HUMAN ANATOMY AND PHYSIOLOGY I (FALL)		
BIO 260 HUMAN ANATOMY AND PHYSIOLOGY II (SPRING)		