

# Advantage EAP

## Employee Assistance Program

a division of Psychological Health Roanoke



[www.PsychHealthRoanoke.com](http://www.PsychHealthRoanoke.com)

**Call:**  
540.989.6605 or 800.699.9396

**Phone Hours:**  
Monday-Friday, 8:00a.m.-4:30p.m.

Evening appointment hours are available

Nights and weekends call RESPOND:  
540.776.1100 or 800.541.9992

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**Colonnade One**  
2840 Electric Road, Ste 200  
Roanoke, VA 24018

159 Walters Drive  
Christiansburg, VA 24073

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## You and your family can turn to Advantage EAP for professional advice on any type of problem

If you or someone you love has a personal problem, it can affect all aspects of your life. Stress can impact your family, your job performance and your health.

You and your family can turn to the Advantage Employee Assistance Program (EAP) for help on how to deal with any type of problem. We offer professional, confidential, help for family, marital, legal and financial concerns as well as substance abuse, depression and stress.

Advantage EAP is a benefit that is provided to you by your employer, because your company cares about you.

### Solutions are our specialty

Advantage EAP counselors are trained and experienced in dealing with all types of personal concerns, no matter how big or small.

Advantage EAP counselors are specialists in family, substance abuse, marriage and many other types of counseling.

### Your EAP counselors are a call away

A telephone call to Advantage EAP is the first step in resolving your issue. When you call, a face-to-face assessment meeting will be scheduled with your EAP counselor. This confidential and free meeting takes place at a location convenient to you. During the assessment, the counselor works to identify the exact cause and severity of your problem and uses expertise and experience to determine the most appropriate and cost-effective way to find solutions to your problems.

## Advantage EAP can help you or your family resolve the following types of problems:

- Stress
- Marriage or family difficulties
- Alcohol or drug abuse
- Grief
- Difficulties at work
- Coping with medical conditions
- Anxiety/depression
- Financial or legal concerns
- Or any other type of personal problem

### Our services are confidential

All calls and visits to Advantage EAP are private and confidential. Nothing will be discussed with your employer unless you provide written consent. Utilization of Advantage EAP services will not affect your job status in any way.

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