

On-Campus Support

Program/Office	What They Offer	How to Access / Notes
CARE Team	A multidisciplinary team that reviews referrals of students with concerning or threatening behavior; develops plans to support student well-being (health, safety, welfare).	<u>The Roanoke College CARE Team - Roanoke College</u>
Student Health & Counseling Services (Student Wellness Services)	Free, confidential counseling for all enrolled students; group & individual counseling; wellness outreach; sexual assault resources; substance abuse resources; LGBTQ+ affirming counseling; telehealth (TimelyCare) options.	<u>- Roanoke College</u> · Bast Center, Suite 220 / 211 Maxey Way · Phone: 540-375-2286
Emergency & After Hours Care	Coverage for mental health emergencies via Campus Safety after hours; local crisis resources; urgency medical/mental health access; virtual counseling via TimelyCare 24/7.	<u>Emergencies - Roanoke College</u> Campus Safety: 540-375-2310
Food Pantry	For students experiencing food insecurity	Available M-F from 9:00 AM until 5:00 PM inside Morehead Hall
Accessible Education Services (AES)	Supports students with documented disabilities (learning, psychological, physical, sensory, etc.), including temporary conditions; helps with accommodations (extended exam time, note taking, assistive tech).	<u>Accessible Education Services - Roanoke College</u>
Maroon Emergency Fund	Short-term financial assistance for unexpected emergencies or crises (medical, travel, urgent expenses, etc.) for --currently enrolled students. Usually \leq \$1,000 per semester.	<u>Maroon Emergency Fund - Roanoke College</u>
Division of Student Success	Holistic support via multiple departments: advising, transitions, belonging, student engagement, academic success, etc.	<u>Division of Student Success - Roanoke College</u>

Program/Office	What They Offer	How to Access / Notes
Residence Life & Housing	On-campus living support, duty staff, residential education, living-learning communities; connections to staff for concerns in residence halls.	Contact Us - Roanoke College

Community Support (Local / External)

Program/Agency	What They Offer	Contact / Notes
CONNECT (Carilion Clinic)	Local crisis service for after-hours mental health assessment.	540-981-8181 or 1-800-284-8898
Emergency Rooms / Urgent Care Centers	For medical or psychiatric immediate help is needed beyond campus services.	Velocity Care-West Salem, AFC Urgent Care, Lewis Gale etc.
Local Non-profits and Community Agencies	Depending on the student's need (housing, food insecurity, substance use, etc.), there are community organizations in the- Roanoke/Salem area that can help.	https://www.roanoke.edu/communityservice helps connect students with agencies.
SARA Roanoke	SARA (Sexual Assault Response and Awareness) is the sexual assault crisis center for the Roanoke Valley. All services of SARA are free of charge, confidential, and voluntary.	https://sararoanoke.org/

Online Support / Self-Help Resources

Resource	What They Offer	Access Tips
TimelyCare 24/7 Telehealth	Virtual access to medical and mental health support any time.	Timely Care - Roanoke College
Self-Help & Wellness Resources	Includes wellness apps, guided exercises, mental health info, suicide prevention resources, etc.	Self-Help & Wellness Resources - Roanoke College
Suicide Prevention Resources	Hotlines (988 / National Suicide Prevention Lifeline), local crisis lines such as CONNECT; resources for awareness and prevention.	Suicide Prevention Resources - Roanoke College
Well Balanced at Roanoke	Provides a plethora of health and wellness resources for students amongst a wide array of health-related topics	Well Balanced at Roanoke

Crisis / Emergency Support

Type of Crisis	What To Do / Whom To Contact
Imminent threat to safety / self-harm / harm to others	Call 911 or Campus Safety (540-375-2310) immediately.
Mental health emergency after hours	Use Campus Safety; also, CONNECT (Carilion Clinic) crisis line (540-981-8181 / 1-800-284-8898).
Medical emergencies	Call 911 or go to the nearest emergency room.
Urgent non-emergency after hours	Use TimelyCare 24/7 or local urgent care centers.