A complete health record is required for all full time students, including residents, adult, and transfer students. This record is necessary so that students can be treated in the event of illness or accident and to participate in intercollegiate sports. The health record includes a physical examination, medical history, evaluation of need for tuberculin test and required immunizations. The physical examination and tuberculin risk assessment must be within twelve months of entering college.

If required, the tuberculin skin test must be a PPD Mantoux test or a negative chest x-ray. The tine test will not be accepted. Results must be provided in writing from the health care professional that administered the PPD skin test.

The following immunizations are required based on Commonwealth of Virginia Law (Code in Virginia, Section 23-7.5) which requires that all full-time students submit an immunization history that has been signed by a health care provider who documents all required immunizations. :

- MMR (measles, mumps, rubella) – Two vaccines are required, the first does AFTER THE FIRST BIRTHDAY, the second dose anytime at least 30 days after the first dose.
- Td (tetanus) or TDap booster within the last 10 years.
- OPV/IPV (poliomyelitis) – Date of completed childhood series of OPV or IPV.
- Hepatitis B – Series of three doses prior to college entry. Vaccine or a signed waiver is required.
- Meningococcal – Vaccine or a signed waiver is required.

The following immunizations are recommended:

- Varicella – All entering college students without history of the disease, or with a negative antibody titer should receive 2 doses for adequate immunity.
- Influenza – All students are encouraged to receive annually during autumn to minimize disruption of routine activities during campus-wide epidemics. Health Services will hold flu shot clinics open to all students.
- HPV – Human papilloma virus. Series of 3 vaccines given to females over the age of 9.

The completed health record must be received prior to check-in or students will be unable to complete registration. Students will be sent letters advising them of incomplete records and which components are missing. Once the records are complete, academic block will be removed so registration can be completed.