DEPARTMENT OF HEALTH & HUMAN PERFORMANCE ROANOKE COLLEGE FALL 2019

HHP-106-A: Badminton

Meeting Time: Tuesday/Thursday 10:10 a.m. – 11:40 a.m. Meeting Place: Bast Gym Instructor(s): Dr. Anil M. Shende Office: 365A Trexler Phone: 375-2341 Email: <u>shende@roanoke.edu</u> Office Hours: MW 11:00am-12:00noon; Th 2:00-3:30pm; or by appointment.

I. Learner Outcomes:

This course is designed to provide the student with an introduction to the fundamentals of badminton. It will provide instruction in the areas of skill development, strategy for singles and doubles play as well as court etiquette. Upon successful completion of this course students will:

- 1. List and describe basic rules of singles and doubles badminton.
- 2. Perform and critique proper technique of the long serve, short serve, clear, drop, and smash shots in badminton.
- 3. Comprehend and apply various singles and doubles strategies within badminton.
- 4. Explain and recognize the importance of court etiquette in badminton.
- 5. Demonstrate progress in the basic skills listed in the skills sheet (last page).
- **II. Attire:** Students must wear appropriate clothing: t-shirts, shorts, socks and athletic shoes. *Come dressed and ready to participate* in the activity.
- **III. Attendance:** Is required and expected and all absences are counted. If you become ill or develop any condition that prohibits you from participating, please contact me immediately. A decision will be made concerning class status.

IV. Grading:

- **35%** Attendance and *Active* Participation
- 5% Homework
- 20% Skills Test #1
- 30% Skills Test #2
- 10% Written Final Exam (Thursday December 5th in Class)

<u>Attendance and Participation</u> -40% - The grade will be assigned as outlined below

- 35 = 0-2 absences
- 32 = 3 absences
- **29 = 4 absences**

A student with **5** absences or more will earn a **DF** (involuntarily withdrawn from course failing) or will receive an **F** in the class.

Being more than 5 minutes late to class will be counted as late appearance. Two (2) late appearances are equal to an absence. .

<u>Skills Tests</u> – The skills listed in the skills list will be evaluated during each skills test. Note that each skills test carries more weight than the previous one, thus enabling incorporating improvement in skill level in the final grade.

<u>Written Final Exam</u> -10% - One exam will be given during the semester. This test will cover rules of the game, strategies, and court dimensions, The test will consist of multiple choice, true/false, short answer and essay questions. The Final Exam is comprehensive and will occur on the last scheduled <u>class</u> meeting of the semester which is Thursday December 5, 2019.

V.	Grading Scale:
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A 93-100	C+ 77-79	D- 60-62	
A- 90-92	C 73-76	F 59	
B+ 87-89	C- 70-72		
B 83-86	D+ 67-69		
B- 80-82	D 63-66		

VI. Equipment:

We will be utilizing the equipment that is available in the equipment room and the Basketball courts in Bast Gymnasium.

VII. Academic Integrity:

At all times and in all cases, the Roanoke College guidelines for Academic Integrity will be followed. A-C, below represent more common infractions. However, please refer to the *Roanoke College Academic Integrity Handbook* to be sure no violation occurs within the course.

- A. <u>Plagiarism</u>: If there are graded writing assignments, addressing plagiarism and how to avoid it is essential. It is also a good idea to discuss plagiarism during class or provide a separate handout about proper citation and references.
- B. <u>Collaboration</u>: Whether or under what conditions collaboration among students is permitted—for any graded assignment—should be clarified.
- C. <u>Electronic Devices</u>: NO CELLPHONES ALLOWED DURING CLASS MEETINGS!

VIII. The Office of Disability Support Services, located in the Goode-Pasfield Center

for Learning and Teaching in Fintel Library, provides reasonable accommodations to students with identified disabilities. Reasonable accommodations are provided based on the diagnosed disability and the recommendations of the professional evaluator. In order to be considered for disability services, students must identify themselves to the Office of Disability Support Services. Students are required to provide specific current documentation of their disabilities. Please contact Richard Robers, M.A. Ed., Coordinator of Disability Support Services, at 540-375-2247 or e-mail robers@roanoke.edu.

IX. HHP General Education Requirement:

HHP 160 Fitness For Life is a general education requirement and is worth ¹/₄ unit. Physical education requirements for the general education curriculum consist of one HHP 160 course AND one 100 level activities course (participating in a varsity sport for one season or receiving competency from the HHP department will fulfill the activity requirement). Only one HHP 160 course will count towards the physical education requirements.

HHP 106

Badminton Basic Skills

High and Deep Serve Short Serve Forehand clear Backhand Clear Drop Smash Rally (Wall)

Front-Back Rally